

3rd Quarter In-service Training 2017

Topics are: BED BUGS, OLDER ADULT SPECIAL CHARACTERISTICS, SECLUSION/RESTRAINTS, and USING ASSISTIVE DEVICE

1. TRUE OR FALSE

Bed bugs can be killed by extreme temperatures--- either VERY HOT OR VERY COLD

2. TRUE OR FALSE

Bloodstained sheets or dark spots on a mattress could be signs of bed bugs.

3. Which of the following is **NOT** a characteristic of a bed bug? Bed bug is...

- A. Has six legs
- B. Brownish red
- C. Feeds on blood
- D. Able to fly

4. TRUE OR FALSE

Can bed bug transmit serious diseases to Humans?

5. TRUE OR FALSE

PHYSICAL RESTRAINTS are any action or device that prevents a free movement of body parts.

6. TRUE OR FALSE

ASSISTIVE DEVICE is any service or tool that helps people do activities they have always done but now must do differently.

7. TRUE OR FALSE

A cane should be held on the weak side

8. Examples of ASSISTIVE DEVICES are?

- A. Magnifiers
- B. Hearing Aids
- C. Wheelchairs
- D. Shower chairs
- E. All of the above

9. Skin changes occur with aging. Personal care should include the following EXCEPT?

- A. Providing warmth
- B. Applying lotion
- C. Providing good skin care
- D. A daily bath and soap

10. Some of the common age-related physical changes for MOST OLDER ADULTS include:

- A. Hearing impairment or difficulty hearing
- B. Weakening vision or visual changes
- C. Increasing probability of Arthritis
- D. Hypertension
- E. All of the above