2nd Quarter In-service Training 2017

Topics are: FIRE SAFETY, HOME CARE SAFETY, HANDWASHING AND INFECTION CONTROL

1. **While working with a client, when should you wash your hands?**
    A. Before and after you put on gloves
    B. When you arrive at client's home, and once again before you leave
    C. Before and after situations in which your hands are likely to be contaminated, including bathroom breaks and lunch breaks
    D. All of the above

2. **TRUE OR FALSE**
The great majority of both fatal and non-fatal accidents involving older people are falls.

3. **TRUE OR FALSE**
    If you catch on fire, you should stop, drop and roll to put the fire out.

4. **TRUE OR FALSE**
    Keeping the client's environment clutter, especially on the floor and stairs, prevents fall incidents.

5. **TRUE or FALSE**
The bedroom and the bathroom are the most common locations of accidents for older adults in general.

6**. TO KEEP YOUR CLIENT SAFE IN THE <u>BATHROOM</u>, YOU SHOULD:**
    A. Encourage them to use the towel bars for support.
    B. Use cold water only for baths and shower.
    C. Ask the family to paint the tub a bright color
    D. Use a nonslip bath mat in the tub or shower.

7. **TRUE or FALSE**
Advise your client NEVER to use a soap dish, towel rack or sliding glass shower door for STABILITY or BALANCE.

8. **If you feel <u>unsafe</u> during a visit to your client, your FIRST PRIORITY should be:**
    A. Call the police immediately.
    B. Tell the client you don't feel safe.
    C. Ask one of the client's neighbors to come over.
    D. Leave as soon as you can and call your supervisor.

9**. When changing a bed or handling linens, the correct Standard Precaution procedure is to:**
    A. Shake out the linens to remove any objects or dirt.
    B. Place the used linens on the floor or a table.
    C. Roll the dirty linens up and hold them away from you until they can be placed in a laundry bag.

10. **HANDWASHING must be done *BEFORE* _____.**
    A. Visiting the restroom
    B. After covering your nose or mouth when coughing or sneezing.
    C. Handling pets
    D. Eating and preparing foods