

3rd Quarter In-service Training 2019

Dealing with client's adverse behaviors, Body Mechanics Fire and Life Safety, Respiratory Therapy, and Bed Bugs

1. You discover a fire, what is the first thing you must do?
 - a. Call the fire brigade
 - b. Get out of the building.
 - c. Telephone home
 - d. Try to extinguish the fire
2. When a grease fire occurs, you can:
 - a) use a fire extinguisher to put it out
 - b) smother it with a lid
 - c) pour baking soda on it
 - d) all of the above
3. You notice a change in a client's mental condition. The best course of action is to:
 - a) Try to use a sense of humor to lighten the mood of the client
 - b) Ask the client if they have noticed a change in his or her personality
 - c) Report the change immediately to your Supervisor
4. A client in your care is frustrated, upset and raising his voice in complaint. Which of the following is the best response?
 - a) Walk away from the patient in an effort to show you won't tolerate their behavior
 - b) Ask him/her to lower their voice in courtesy to others who are getting upset
 - c) Report the incident to the supervising nurse
 - d) Offer support and care using a comforting and calming manner then report to your Supervisor.
5. You may encounter clients who are anxious or feeling unsettled about either their circumstances or surroundings. The best response in dealing with ANXIETY is:
 - a) Open the shades to let in light and brighten the surroundings
 - b) Leave the room so they can re-group and re-focus in private
 - c) Speaking in a calm voice and exhibiting a calm and comforting demeanor.
6. Where do BED BUGS like to hide?
 - a) On bed frames especially wooden ones.
 - b) Behind baseboards or under the carpet near a baseboard,
 - c) In a wooden furniture like a nightstand or bookshelf near the bed.
 - d) On or in box spring.
 - e) All of the above
7. As a homecare worker you may temporarily remove and replace a cannula or mask from the client's face for the purposes of shaving or washing a client's face when the client is on Oxygen therapy.
TRUE OR FALSE
8. When carrying an object, you must:
 - a) Carry with one hand.
 - b) Twist from your waistline.
 - c) Keep objects near your body and directly in front of you.
 - d) Carry with a bend-over, stooped posture.